



World Obesity Day Celebration Program

Simultaneous French/English interpretation will be available during the panels.

Date and Venue

Date: May 23, 2025

Venue: International University of Rabat (UIR) : Bulding 6, Amphiteater 14

Morning Program: 9:00 AM – 12:00 PM

Station 1: Awareness Booth

Distribution and explanation of the awareness leaflet prepared by the students.

Station 2: Anthropometric Measurements Booth

Measurement of participants' anthropometric data and delivery of body composition results.

Station 3: Personalized Advice Booth

Personalized counseling by specialists.

Scientific Program

2:00 PM – 2:30 PM

Welcome and Registration of Participants

2:30 PM – 3:00 PM

Opening Remarks

Introduction by the moderator on the objectives of the day and the importance of obesity prevention, with contributions from:

- President of UIR
- Dean of the College of Health, UIR
- Dean of the ESSP, UIR
- President of the Moroccan Society of Nutrition, Health and Environment
- President of the Moroccan League for the Fight Against Diabetes
- Head of the Division for Non-Communicable Disease Control
- WHO Representative in Morocco
- President of the Moroccan Society of Medical Sciences

Panel 1: Leadership and NCD Prevention
Moderators: Jamal BELKHADIR, Jaâfar HEIKEL

3:00 PM – 3:20 PM

"Obesity and Diabetes Prevention: The Pivotal Role of the International Diabetes Federation"

Peter Schwarz, President of the International Diabetes Federation

3:20 PM – 3:40 PM

"Integrating Obesity Prevention into a Global NCD Strategy: The Vision of the American Society for Nutrition"

Naima Moustaid-Moussa, President of the American Society for Nutrition

Panel 2: "Genes and Cities – Rethinking Obesity Prevention"

Moderators: Prof. Hasna AZAMI, Prof. Meryem LAZRAK

4:00 PM – 4:15 PM

"From Genetic Mapping to Obesity Prevention: The Case of the Moroccan Genome"

Elmostafa EL FAHIME

4:15 PM – 4:30 PM

"The Environment as an Ally: Urban Planning for Obesity Prevention"

Mohamed Fqih BERRADA

Panel 3: "Obesity Prevention: From Innovation to Medical Practice"

Moderators: Prof. Houda EL HSAINI, Prof. Souad BENAICH

4:40 PM – 4:55 PM

"New Technologies in Obesity Prevention: Innovations and Practices"

Baha RABI

4:55 PM – 5:10 PM

"Preventing Overweight and Obesity: What Are the Most Effective Levers?"

Jaâfar HEIKEL

5:10 PM – 5:25 PM

"Integrating Obesity Prevention into Medical Practice: Challenges and Approaches"

Amina BARKAT

Q&A Session, and Closing of the Day

Partenaires

